

# BIOFEEDBACK STUDY 1

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FRESENIUS UNIVERSITY OF APPLIED SCIENCES COLOGNE

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**DEVICE EVALUATION** FOR A PELVIC FLOOR TRAINER

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BY THE FIRM EXCIO, USING MEASUREMENT OF

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EMG ACTIVITY OF THE PELVIC FLOOR IN VARIOUS

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TEST POSITIONS

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**EXCERPT:** The study investigated the functionality of the Bio-Feedback-Trainer in an EMG measurement. Besides the pelvic floor musculature, the study investigated the activity of three other muscle groups (internal obliques, gluteus maximus, long adductor) when training with the biofeedback device. For all subjects, the findings demonstrate clear and extremely comparable evidence for training of the pelvic floor using the Bio-Feedback-Trainer. It is therefore a very suitable device to train the pelvic floor musculature. Moreover, the study proved that for the first time, the biofeedback function enables tracking of the pelvic floor activity without intimate contact.

We will gladly send you more **information** about this and other **studies**. Just contact us at: [office@pelvipower.com](mailto:office@pelvipower.com)